



A Dignified Approach

ETHICAL CARE CONTROL & RESTRAINT (UK) LTD

are the oldest, most comprehensive
private providers of Control and Restraint
training in the UK



**We have the knowledge, expertise and
experience to meet your training needs**

Teaching Ethics

- ECC&R methods and variations are seen as a broader strategy when addressing challenging behaviour, when having to use physical intervention methods whether it is minor, moderate, or extreme. The professional needs to be able to address these different challenges with different gradients of control, which must be ethical, dignified, legal and safe for all parties.
- We are members of the British Institute of Learning Disabilities (BILD) and follow its code of practice. However, we have chosen not to be BILD accredited as this would restrict the levels of Physical Intervention training we currently provide. In order to meet the needs of the majority of our clients we also follow the physical intervention guidelines provided by the NHS Counter Fraud Security Management Service (CFSMS), Promoting Safe and Therapeutic Services Syllabus, The National Institute for Mental Health in England and Wales (NIHME), and the National Institute for Clinical Excellence (NICE). By following these additional guidelines, this means that we can teach a variety of methods to those who may encounter clients with a variety of both violent and challenging behaviour. In addition our methods can be adapted to be used on all age groups in all areas.

We are recommended by Anglia Ruskin University, Faculty of Health and Social Care and The University of Essex, School of Health and Human Sciences. We supply the student nurses from both universities with practical and theoretical teaching on the management of violence and aggression.

We are aware of the many organisations offering management of violence and aggression training (MVA) and many provide good training, but there are others who teach methods which do not always work effectively in some environments. We know that the methods we teach work very well, with no major incidents occurring to those we have taught for over 21 years when our methods have been used correctly.

OUR COURSES

- 1 day Conflict Resolution, Breakaway and Holding (introduction)
- 3 hour or 1 day Conflict Management
- Pat Down Search/Environment Search
- First on scene Hostage Negotiator
- Level 1 Breakaway (1 or 2 days)
- Level 2 Restraint (1 or 2 days)
- Level 3 advanced Breakaway and Restraint methods
(1 or 2 days mechanical restraint, shield work)
- Instructor courses

Level 1 Breakaway Instructor

Level 2 Restraint Instructor

Pat Down Search/ Environment Search Instructor

First on scene Hostage Negotiator Instructor



Contact details

Tom Starling, Director

M. 07979461771

E. tstarling@sky.com

John Sides, Company Secretary

T. 01603 300539

E. eccruk@freeclix.net



A Dignified Approach

Ethical Care Control And Restraint (Uk) Ltd

36 Honey close

Norwich NR1 4LJ

W. www.eccruk.com

Hayden Michaels, Lead Instructor

M. 07918713108

E. hayden_michaels@msn.com



Accreditation From:

